



# Suggested Packing List

## Toiletries:

- ◇ Bug repellent and sunscreen
- ◇ Deodorant
- ◇ Soap
- ◇ Shampoo/conditioner
- ◇ Toothpaste/toothbrush
- ◇ Comb/hairbrush
- ◇ Ponytail holder/headbands
- ◇ Lip balm
- ◇ Nail clippers
- ◇ Baby powder
- ◇ Contact lenses, cases and solution
- ◇ Glasses
- ◇ Tissue
- ◇ Antibacterial wipes
- ◇ Mesh bag/shower caddy for shower

## Clothing/Linens:

- ◇ Swimsuits(s)
- ◇ Sweatshirt
- ◇ Sweatpants
- ◇ Light jacket
- ◇ Raincoat/umbrella
- ◇ Shorts
- ◇ T-shirts
- ◇ Underwear/Sports bras
- ◇ Pajamas
- ◇ Socks
- ◇ Tennis shoes, water shoes, flip flops.
- ◇ Hiking boots
- ◇ Sleeping bag
- ◇ Fitted and flat twin sheets
- ◇ Pillow
- ◇ Towel/washcloth
- ◇ Laundry bag

## Extras:

- ◇ Bible and/or devotional
- ◇ Journal/paper with pen
- ◇ Sunglasses
- ◇ Hat and mask(s)
- ◇ Flashlight & batteries
- ◇ Small clip-on fan
- ◇ Small backpack
- ◇ Playing cards
- ◇ Swim goggles
- ◇ Camera (not phone)
- ◇ Re-usable water bottle
- ◇ Small amount of cash
- ◇ Comfort item(s) from home if desired
- ◇ Medication if needed (must check in with office)

